



The Education Foundation of
National Association of Licensed Practical Nurses

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Gerontology Outline for Certification Exam

104 questions – exam time 1 minute per question

The exam assesses your knowledge base of gerontology concepts, critical thinking skills, clinical application and necessary decision making skills. Review the CD and any additional reference material pertaining to the below topics for preparation to complete the exam.

- I. Foundations of Gerontology
 - A. Theories of Gerontology
 - B. Nursing Process
 - C. Physical and Psychological Changes/Adjustments
 - D. Legal and Ethical Considerations
 - E. Influence on Health and Illness

- II. Promoting Health and Wellness
 - A. Nutrition
 - B. Exercise and Rest
 - C. Safety
 - D. Sexuality
 - E. Mental Health
 - F. Facilitating Self-Care

- III. Nursing Care of the Elderly with Physical and Psychological Disorders
 - A. Circulatory
 - B. Respiratory
 - C. Endocrine
 - D. Gastrointestinal
 - E. Genitourinary
 - F. Neurological
 - G. Integumentary
 - H. Sensory
 - I. Musculoskeletal
 - J. Mental Health Problems

- IV. Special Gerontology Care Issues
 - A. Special Settings
 - B. Rehab and Restorative Care
 - C. Pharmacology
 - D. Lab and Diagnostic
 - E. Pain and Chronic Illness
 - F. Emergencies
 - G. Death and Dying
 - H. Infection
 - I. Cancer
 - J. Substance Abuse